

# Welcome To Your Smile Makeover



# Introduction

We're excited to guide you on your journey to help you achieve a **healthier, more confident smile**. Our approach aims to help you feel **informed and comfortable** at every stage, with personalised care tailored to your needs.

Your **Smile Makeover** involves **comprehensive planning and careful craftsmanship**. While key steps take place in our clinic, much of the work happens behind the scenes in **partnering laboratories**, where ceramists design and create your restorations using **evidence-based techniques**.

With **intraoral scanning, CAD/CAM systems, and AI-powered tools**, we develop a **digital preview** of your smile before proceeding with treatment. An important step in this process is the **Trial Smile**, allowing you to experience a temporary version of your new look before confirming the final design.

Our team follows **ethical and clinically approved protocols**, helping to ensure that all treatments meet **health and safety standards** for optimal long-term results.

# Your Smile Makeover: A Quick Guide

## 1. Consultation & Data Gathering (Appointment 1 - No Charge)



- Discuss your smile goals and concerns.
- Comprehensive oral health assessment.
- Digital 3D scans, photos, and X-rays taken for analysis.
- A \$800 (+GST) deposit is required to initiate the digital design and Trial Smile preview at Appointment 2. This deposit will be credited back toward your final treatment if you proceed with the approved plan.

## Smile Planning (happens between Appointment 1 & 2)



- Digital design of your new smile.
- Assessment of facial harmony and functional needs.
- Selection of partnering lab for custom restorations.
- Creation of a 3D-printed Trial Smile for previewing.

## 2. Trial Smile & Treatment Plan Presentation (Appointment 2)



- Temporary, 3D-printed version of your new smile is fitted (already paid in advance at Appointment 1).
- Wear for 24 hours to trial the aesthetic.
- Review treatment options, timeline, and costs.
- Choose a payment plan that works for you.

## 3. Trial Smile Feedback & Final Adjustments (Appointment 3)



- Trial Smile removed, adjustments noted.
- Confirm final treatment plan and schedule next steps.
- Secure appointment slots with a deposit if needed.

## 4. Smile Crafting & Treatment Process (Appointment 4)

*For composite or no-prep porcelain veneers, steps 5 and 6 are often combined — meaning your treatment may be completed in a single sitting.*



- Preparatory treatments (aligners, whitening, implants if needed).
- Conservative tooth preparation for veneers/crowns if required.
- Digital scanning and lab fabrication of final restorations for porcelain and prep-based cases.
- Composite veneers may be completed chairside in one visit, depending on your treatment plan.
- Temporary restorations provided while waiting for final fit (where applicable).

## 5. Final Smile Placement (Appointment 5: 1-2 weeks later)



- Final veneers/crowns placed and bonded securely.
- Adjustments made for optimal fit and function.
- Polishing and final bite alignment.

## 6. Follow-Up & Aftercare



- 48-hour check-up to ensure comfort and bite alignment.
- Two-week review for stability and adjustments.
- Long-term care: Maintain good oral hygiene and regular dental visits. Note: Composite veneers may require in-clinic polishing from time to time to maintain colour.
- Your Smile Makeover is a journey, and we're here every step of the way!

# Veneer Materials at a Glance

Choosing the right veneer material is an important part of your Smile Makeover. **Each option has unique benefits when it comes to aesthetics, durability, cost, and treatment time.** This guide provides a side-by-side comparison to help you understand the key differences — and to support a confident decision during your planning phase.

Factors	Composite Veneers	Porcelain Veneers (Emax)	Zirconium Veneers
<b>MATERIAL</b>	Composite resin (tooth-coloured filling)	High-quality dental porcelain (Emax)	Zirconia ceramic
<b>DURABILITY</b>	Typically lasts 5-7 years with proper care	Typically lasts 10-15 years or more with proper care	Typically lasts 10-15 years or more with proper care
<b>STAIN RESISTANCE</b>	Moderate; prone to staining, requires regular polishing	Highly resistant to staining	Highly resistant to staining
<b>STRENGTH</b>	Good but less durable compared to porcelain	Very strong and resistant to chipping	Exceptional strength; the most durable option
<b>AESTHETICS</b>	Matches tooth colour but less natural-looking than other options	Closest match to the appearance of natural teeth	Excellent but slightly less natural-looking than porcelain
<b>PROCEDURE TIME</b>	Often completed in one visit	Typically requires two or more visits — may be completed in a single visit for no-prep cases	Typically requires two or more visits
<b>REPAIRABILITY</b>	Easily repaired in most cases	Difficult to repair; replacement may be needed	Difficult to repair; replacement may be needed
<b>REVERSIBILITY</b>	May be reversible depending on design and goals; varies by patient	May be reversible depending on design and goals; varies by patient	Not reversible
<b>COST (per tooth)</b>	Starts from \$350*	Starts from \$1550*	Starts from \$1750*



**Please note:**

Please note: These prices are a guide only. Your treatment plan will be custom built to suit your unique smile goals, budget, and oral health needs. Payment plans are available.

STEP ONE

# Consultation, Oral Exam & Data Gathering



## Getting the Most Out of Your First Appointment

To get the most out of your first appointment, it helps to **reflect on your smile goals and any practical considerations that could influence your treatment plan**. But if you're unsure — don't worry. Our team is here to guide you every step of the way and help you feel confident in your decisions.

### Clarifying Your Goals

Think about **what inspired your Smile Makeover** and how achieving it will positively impact your daily life, whether functionally or aesthetically.

### Planning Ahead

Let us know about any **budget considerations, work, special occasions or travel commitments** that may impact your treatment timeline.

## APPOINTMENT 1

# Comprehensive Smile Consultation (No Charge)

Appointment 1 is a one-on-one consultation designed to **assess your oral health, understand your smile goals, and gather precise diagnostic data** for a tailored treatment plan.

### During this appointment, we:

- ⇒ Discuss your concerns, goals, and expectations in detail to understand what you want to achieve.
- ⇒ Perform a comprehensive oral health assessment, evaluating your gums, teeth, and overall dental condition.
- ⇒ Gather diagnostic data:
  - Digital 3D scans for accuracy.
  - High-resolution photos and videos to analyse how your teeth and smile fit your face, your facial anatomy, form and feature.
  - X-rays to assess underlying health of the teeth and bone.





## Next Steps

If you choose to proceed with Appointment 2, we will begin designing your digital smile and creating a digitally designed mock version for you to trial. A \$800 (+GST) deposit is required to initiate this process. This deposit is paid at Appointment 1 and will be credited back toward your final treatment if you proceed with the approved plan. Your personalised treatment plan options will also be presented at your next appointment.

## Between Appointment 1 & 2: Smile Planning (Part of Step 1)

This phase happens behind the scenes between your first and second appointments. While it's not a separate appointment, it plays an essential role in finalising your smile design as part of Step 1. During this stage, we carefully design your smile using digital tools:

- ⇒ **Detailed Analysis** – We assess your dental records and digitally map your new smile.
- ⇒ **Facial Harmony Assessment** – We evaluate how your teeth interact with your lips, face shape, and speech for a natural look.
- ⇒ **Bespoke Lab Selection** – Based on your needs, we choose the ideal lab to craft your smile.
- ⇒ **Mock-Up Creation** – Using specialised technology, we produce a temporary version of your new smile for you to trial at your next appointment.

## Before Your Next Appointment

Take this time to **refine your vision** for your ideal smile and reflect on your discussion with your **Smile Consultant**. To help you prepare, we suggest:

### Gathering Questions

Consider any aspects you'd like to discuss further, **such as procedures, budget, timeline, and scheduling.**

### Staying Connected

Share **photos, voice notes, or messages** with your Smile Consultant to discuss preferences for **tooth shape, colour, contour and overall feel.**



## Feeling overwhelmed?

You don't have to make these decisions alone! Our team is here to **guide you every step of the way** and offer advice tailored to your needs. Together, we'll create a treatment plan that feels **just right for you.**

STEP TWO

# Trial Smile Fitting & Customised Treatment Plan Presentation



## What is a Trial Smile?

Your Trial Smile is a **temporary, digitally designed, 3D-printed version** of your new smile, applied over your current natural teeth using a **temporary material**. This lets you see and experience your new look in real life before committing to permanent restorations. This is a completely temporary process and your teeth will not be affected. You'll wear your Trial Smile for 24 hours, allowing time to adjust to the look, gather feedback from family and friends, and ensure it aligns with your vision.

### APPOINTMENT 2

## Trial Smile Fitting & Treatment Plan

#### During this appointment:

- ⇒ Your **Trial Smile is fitted**, allowing you to preview the design in real life.
- ⇒ Your **customised treatment plan options** are presented, covering aesthetic and functional goals, timeline, budget, and treatment options such as veneers, crowns, implants, or aligners.
- ⇒ You get to **preview and provide instant feedback**, ensuring the design aligns with your expectations before approval.



## Your Personalised Treatment Plan

Once you're happy with your Trial Smile and ready to move forward, we'll guide you through the next steps and present a personalised range of treatment options tailored to your needs.

- ⇒ **A variety of treatment plans (TPs)** – Ranging from the most **basic approach** to the **most comprehensive solution**, giving you a full understanding of your available choices.
- ⇒ **Step-by-step recommendations** – We will outline all possible solutions within this range, helping you select the option that best fits your **goals, budget, and lifestyle**.
- ⇒ **Aesthetic and functional goals** – Helping to ensure your final smile **aligns with both your vision and long-term dental health**.
- ⇒ **Treatment timeline** – A clear **breakdown of the phases** involved in your treatment.
- ⇒ **Associated costs** – A **transparent overview of pricing** for each option.
- ⇒ **Treatment options** – These may include **veneers, crowns, implants, teeth whitening, or orthodontics (aligners)**, depending on your unique needs.
- ⇒ **Payment plan options** – A breakdown of available **payment structures** to help make your transformation more manageable (see table below).

\* *Treatment plan and costs remain valid for two weeks.*

## Payment Plan Options *(Separate Agreement Required)*

Plan	Deposit	Smile Crafting & Treatment Process (Step 5 / Appointment 4)	Final Smile Placement (Step 6 / Appointment 5)	Notes
<b>Option 1 – Full Payment</b>	Full payment at next appointment or within 1 week of design approval	-	-	10% discount for plans over \$15,000 SGD.
<b>Option 2 – Structured Plan</b>	50% at next appointment or within 2 weeks of design approval	25%	25%	Not available for aligners/whitening. Requires agreement for same-day veneers (ie, composite & no-prep).
<b>Option 3 – Extended Plan</b>	30% at next appointment or within 2 weeks of design approval	35%	35%	Not available for aligners/whitening. Requires agreement for same-day veneers (ie, composite & no-prep).
<b>Option 4 – Flexible Plan</b>	15% at next appointment or within 2 weeks of design approval	45%	40%	Not available for aligners/whitening. Requires agreement for same-day veneers (ie, composite & no-prep).

We are committed to full transparency, helping ensure that you can confidently plan your treatment.

## Between Appointment 2 & 3 (Within 24 Hours)

This is your chance to refine your final smile design. To prepare:

### Gather Feedback

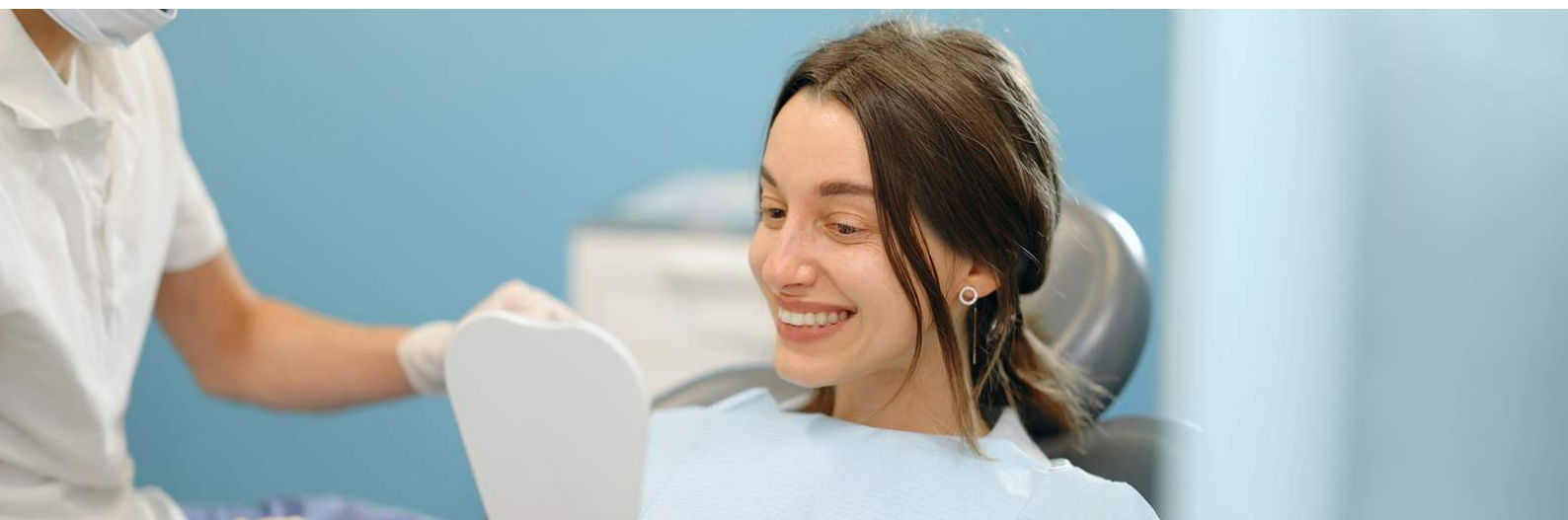
Consider the look of your Trial Smile and how it makes you feel. Does it match your expectations?

### Discuss Your Treatment Plan

Identify any concerns or adjustments needed before proceeding.

### Stay in Touch

Your Smile Consultant is available to address any last-minute questions.



At the next appointment, we will require the following in order to move forward:

- ⇒ Your **final feedback** on the Trial Smile.
- ⇒ Confirmation of **your chosen treatment plan**.
- ⇒ Your preferred **scheduling timeframe**.
- ⇒ Confirmation on your **chosen payment plan**.



We encourage you to **finalise your decisions at your next appointment (Appointment 3)**; however, we understand that you may need **an additional 1–2 weeks** to review your options.

If you'd like to secure a treatment slot while finalising your decision, we're happy to **tentatively reserve your preferred dates**. For appointments **exceeding three hours**, a **10% interim deposit** is required to hold time with our clinic, doctor, ceramist, and lab. This deposit is needed to coordinate multiple teams and resources, and it applies regardless of the treatment plan or payment option you choose. Your **tentative appointment will remain valid for 1–2 weeks**, giving you the flexibility to confirm your decision during that time.

STEP THREE

# Trial Smile Removal, Feedback Collection & Treatment Confirmation



## APPOINTMENT 3

# Trial Smile Removal & Final Adjustments

Now that you've had **24 hours** to experience your **Trial Smile**, this appointment allows us to record your feedback so **necessary refinements** can be made to your **final smile design**.

### What Happens at This Appointment?

<b>Trial Smile Removal</b>	We <b>remove the temporary mock-up</b> , returning your teeth to their original state.
<b>Feedback &amp; Adjustments</b>	We review your thoughts on <b>shape, size, shade, and how the look made you feel</b> to help ensure every detail meets your expectations.
<b>Final Design Refinements</b>	If any modifications are needed, they are made digitally and based on the quantum of change needed, we <b>decide whether a second trial is required</b> or if we can proceed straight to starting the final treatment.
<b>Treatment Plan Confirmation</b>	You let us know which <b>treatment plan</b> works best for you, and we <b>finalise the next steps accordingly</b> .
<b>Scheduling Confirmation</b>	We ensure that <b>all necessary appointments</b> for your selected treatment plan are scheduled.
<b>Payment Plan Confirmation</b>	<b>Payment to be made at this appointment</b> , in line with the Payment Plan selected.
<b>Interim Deposit for Extended Procedures</b>	If you need more time to decide on your <b>treatment and payment plan</b> , we still recommend that you <b>tentatively reserve an appointment</b> due to limited availability. For appointments exceeding <b>three hours</b> , a <b>10% deposit</b> is required to secure the <b>clinic, doctor, ceramist, and lab's time</b> . This deposit will be <b>applied to your chosen payment plan</b> once you finalise your treatment. We recommend making a final decision within <b>1-2 weeks</b> to keep your treatment on schedule.



Once your **feedback is incorporated and everything is finalised**, we begin preparing to bring your final smile to life.

STEP FOUR

# Crafting Your New Smile



## APPOINTMENT 4

# Treatment Preparation & Restoration Fabrication

### Additional Treatments Before Preparation

To optimise the health of your teeth, gums, and bone, as well as enhance the final aesthetics, **your approved treatment plan may require certain procedures—such as aligners, teeth whitening, implants, periodontal treatments, fillings, or bondings**—to be completed before proceeding with tooth preparation for veneers or crowns. These treatments will be scheduled and completed separately.

### Your Comfort is Our Priority

To ensure a **relaxing experience**, we offer a full menu of comfort options including **music, movies, blankets, and sedation**.

### Tooth Preparation for Final Restoration

We follow a **conservative approach**, preserving as much natural tooth structure as possible while preparing your teeth for **veneers or crowns**. This preparation is based on the **smile design you approved during the Trial Smile stage**.

### Digital Design & 3D Modelling

Using **3D scanning**, we create precise **digital models of your teeth preparations** that guide the fabrication of your final restorations in the lab.

### Temporary Restorations

Following tooth preparation, you will wear **temporary restorations** for approximately **1–2 weeks** while your final veneers or crowns are being fabricated in the lab. These temporary restorations:

- ⇒ Are **durable and natural-looking**, allowing you to function normally.
- ⇒ Give you an additional opportunity to **evaluate the design** before final fabrication.



For **composite and no-prep ceramic veneers**, this appointment may look a little different. In these cases, **your veneers are typically created and completed chair-side or are pre-milled based on the approved smile design**. This means the restorations can often be placed in a single visit, without the need for temporary veneers or multiple lab stages.

## Porcelain Restorations Fabrication & Customisation

Once finalised, your restorations go through the **fabrication process**:

- ⇒ **Digital Milling** – Using **CAD/CAM technology**, we refine the **shape, bite alignment, and fit** for optimal precision.
- ⇒ **Premium Materials** – Your veneers or crowns are milled from **high-quality materials** such as **Emax porcelain or Zirconia**, chosen for their **strength, longevity, and natural aesthetics**.
- ⇒ **Hand Finishing & Customisation** – Our **master ceramists** carefully **layer, stain, and polish** each restoration to achieve a **seamless, natural look** that blends with your surrounding teeth.
- ⇒ **Strength Testing & Final Quality Check** – Each restoration undergoes **bite calibration, symmetry assessment, and quality control** to ensure **long-term durability and comfort**.

## Shade Discussion Appointment

Usually the final shade is selected at appointment 4 however for some patients, we may recommend an **additional shade selection appointment at the lab**. This allows our ceramists to ensure the **precise colour, translucency, and natural characteristics of your final restorations is achieved**.

Once this phase is complete, your **final smile is ready for placement!** This is the moment where your custom veneers or crowns are ready to be permanently placed, helping to ensure an accurate fit, function, and natural aesthetic.



STEP FIVE

# Final Smile Placement



## APPOINTMENT 5

# Final Smile Placement (After 1- 2 weeks)

### Final Fit Check

Before bonding, we place your veneers or crowns using a **temporary adhesive**, allowing you to preview the final result.

### Approval & Last-Minute Adjustments

If any refinements are needed, we may need additional appointments to make adjustments to the shape, bite, or shade to ensure you're 100% satisfied.

### Permanent Bonding

Once you're completely happy, we use **high-strength dental bonding materials** to securely attach your veneers or crowns.

### Bite Alignment & Polishing

We fine-tune your bite for comfort and polish everything for a smooth, natural finish.

## Your Smile Makeover is complete!

While your restorations are placed with precision, every bite is unique — and minor adjustments may occasionally be needed. At your follow-up appointments, we'll check that your bite feels comfortable and make any refinements needed to ensure everything functions and fits just right.



STEP SIX

# Follow-up & Aftercare



Your Smile Makeover doesn't end once your veneers or crowns are placed—**proper aftercare is key to maintaining your results.** We provide **ongoing support** to help ensure that your new smile stays comfortable, functional, and beautiful for years to come.

## Post-Treatment Check-Ins

### 48-Hour Check-Up

We check your bite, comfort, and adaptation in-clinic to ensure everything feels natural and functions correctly.

### Two-Week Check-Up

We assess the stability of your restorations and confirm that your gums and bite are settling well.

### Ongoing Support & Warranty

- ⇒ Your treatment includes a **Service & Material Warranty**, helping to give you peace of mind.
- ⇒ If any minor adjustments are needed, we provide **ongoing support and refinements** to help ensure that your smile feels just right.
- ⇒ **Composite veneers may benefit from occasional polishing** to keep them smooth and bright — we'll advise you at your hygiene visits if this is recommended.

## Long-Term Care: Keeping Your Smile Healthy

During your final appointment, you will be given a complete list of aftercare instructions to help **protect and maintain your new smile.** The following applies to all types of veneers:

### Brush and floss daily

Maintain excellent oral hygiene to keep your veneers or crowns in top condition.

### Avoid damaging habits

Do not use your teeth to open bottles, chew on hard objects, or bite into very hard foods.

### Attend regular hygiene recall visits

Routine cleanings and check-ups with our team help ensure your restorations stay in great shape for years to come.

### Additional note for composite veneers:

Composite veneers are **more porous and can be more prone to staining than porcelain.** To keep them looking their best:

- ⇒ Rinse your mouth with water after eating or drinking dark/pigmented foods.
- ⇒ Avoid smoking and vaping.
- ⇒ Attend regular polishing sessions as recommended by your dentist.

# Next Steps

Now that you understand the process, you're ready to take the next step! Our team is here to support you every step of the way.

This is more than just a new smile—it's a transformation that may help boost your confidence and may enhance your life. We look forward to seeing your new smile shine!



# Frequently Asked Questions

## Who is eligible for a Smile Makeover?

A Smile Makeover is for anyone looking to enhance their smile—whether for aesthetic reasons or to improve function and long-term dental health.

Some patients prefer subtle refinements to enhance their natural smile, while others opt for a dramatic transformation. In some cases, the procedure is necessary to restore function, especially when addressing bite issues, worn teeth, or missing teeth.

Before we begin, a thorough clinical exam is required to ensure your oral health is in good condition for treatment. If any underlying issues need attention first, we'll guide you through the steps to get there.

## How much does the Smile Makeover Consultation and Smile Trial cost?

**Your Smile Makeover Consultation is FREE OF CHARGE and includes:**

- ⇒ A full clinical exam.
- ⇒ A discussion about your concerns and smile goals.
- ⇒ High-quality digital scans, x-rays, and scientific record-taking.

**Your Smile Design and Smile Trial will cost \$800 (+GST), which is credited toward your treatment if you proceed and includes:**

- ⇒ A 3D-printed trial of your new smile through a wearable Smile Trial, giving you the opportunity to preview your transformation before any permanent changes are made.
- ⇒ All possible treatment and payment plan presentations.
- ⇒ A follow-up consultation with a specialist if needed.

# Are the Smile Makeover Consultation and Smile Trial Painful?

Not at all! At this stage, there is no trimming of your natural teeth, so no injections or anaesthesia are needed. Until you give final approval, all appointments—including consultations and mock trial fittings—are purely for planning and are completely reversible.

You will have digital scans and X-rays taken, which some may find slightly uncomfortable, but we'll do our best to ensure a smooth and comfortable experience.

## How much does the full Smile Makeover cost?

Every Smile Makeover is completely tailored to the individual. There's no one-size-fits-all pricing because treatments vary based on personal goals, material used, oral health, and specific needs.

### For example:

- ⇒ Some patients require aligners and implants to replace missing teeth.
- ⇒ Others may only need veneers and/or whitening for a refined, natural look.

If you have a specific budget in mind, let us know at your consultation—we will design a plan that aligns as closely as possible with your financial comfort.

## How long does a Smile Makeover take?

It depends on your case, materials used and the complexity of treatment.

- ⇒ For straightforward cases (no major changes needed), your new smile can be ready within 2-6 weeks across 2-4 appointments.
- ⇒ For more advanced cases (such as orthodontics, implants, or multiple treatments), the process may take several months or up to one plus year in complex cases.

We'll provide a clear treatment timeline at your consultation.

# What maintenance and commitment are required after treatment?

Caring for your new smile is simple! The key is consistent oral hygiene and regular dental check-ups.

- ⇒ Brush and floss daily.
- ⇒ Attend your routine hygiene recall and check-ups—this ensures longevity for veneers, crowns, or other restorations.
- ⇒ Follow any personalised care instructions provided by your dentist.

## Additional note for composite veneers:

Composite veneers are more porous and can be more prone to staining than porcelain. To keep them looking their best:

- ⇒ Rinse your mouth with water after eating or drinking dark/pigmented foods.
- ⇒ Avoid smoking and vaping.
- ⇒ Attend regular polishing sessions if recommended by your dentist.

# What materials are used for veneers and crowns?

We offer several materials for veneers and crowns, each selected based on your smile goals, clinical needs, and lifestyle.

## Porcelain (Emax)

Known for its natural translucency and long-lasting durability.

- ⇒ High strength
- ⇒ Beautiful, lifelike aesthetics
- ⇒ Ideal for moderate to complex smile makeovers

## Zirconia

Incredibly strong and durable, making it ideal for high-stress areas.

- ⇒ Excellent strength and longevity
- ⇒ Good aesthetics (though slightly less translucent than Emax)
- ⇒ Often used for crowns or patients who grind their teeth

## Composite Resin

A more affordable, minimally invasive option placed directly onto the tooth surface.

- ⇒ Same-day smile improvements
- ⇒ Reversible and conservative
- ⇒ Ideal for minor corrections or when budget/lifestyle flexibility is key

The best material for your treatment will be recommended during your digital design phase, based on your individual needs and preferences.

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